



Why study Pharmacy? And how has the journey been thus far?

I chose Pharmacy because it uniquely bridges scientific discovery and real world healthcare. It lets me delve into drug development and optimisation while directly delivering care by ensuring patients receive medicines that are safe, effective, and appropriate. This blend of analytical rigor, service, and a dynamic clinical environment aligns with my career goals.

The learning has been enriching and rewarding. I especially value the practical components, such as laboratory work and skills based sessions, which make concepts concrete and purposeful.

What interests you most in your studies?

What excites me most is discovering how the human body works — and using that understanding to care for patients. Exploring how physiological systems interact and how disease alters normal processes gives rich context to what I learn, helping me see beyond isolated facts. Applying this scientific foundation in practical and clinical settings makes my learning truly meaningful, enabling me to translate theory into real-world decisions, from choosing appropriate therapies to understanding why treatments affect individuals differently.

Apart from academic lessons, what other programmes (e.g. UPIP, UROPS, NOC, SEP, Summer/Winter Schools/Research/Internship, etc.) did you participate in? And how did the experience(s) benefit you in your (a) personal growth and development, and (b) academic pursuits?

Beyond the classroom, I participated in the Study Trip for Engagement and Enrichment (STEER) to Hanoi, where I visited Hanoi University of Pharmacy, engaged with students and faculty, and observed hospital practice at the Soviet Friendship Hospital.



I learned about local healthcare priorities such as antimicrobial stewardship and appropriate antibiotic use, and I toured Traphaco's manufacturing facilities to see pharmaceutical production up close. These experiences broadened my understanding of how healthcare systems address societal needs and reinforced the universal role of pharmacists in ensuring safe, effective medication use. Immersing myself in Hanoi's culture, from museums and temples to water puppet shows, cafés, and a Ha Long Bay cruise, also strengthened my adaptability and cultural awareness.

What other interesting activities did you partake in to further enrich your student life, e.g. extra-curricular activities on campus (e.g. NUSPS, House, etc.)?

On campus, I have been actively involved in leadership and service. As Publicity Head for NUSPS RxFLAG, I curated visual content — from social media posts to shirt and fundraiser designs — and handled event photography, while also engaging lower-primary students at Life Community Service Society's Life Student Care centres through hands-on activities.

I served as an orientation group leader for both the Pharmacy Orientation Camp and the NUS Muslim Society, helping freshmen transition smoothly into university life. As a Programmes Executive with NUSMS Rihlah, I co-led the planning of an overnight 30 km cycling event for over 70 students to encourage teamwork, mental wellness, and physical activity.

I also founded Project VnGuard, a student-led health check initiative focused on vaccination drives, health assessments, and education. Leading the team in planning, partnerships, and outreach has underscored how future pharmacists can be educators, advocates, and leaders in public health.

NUS RxFLAG



Pharmacy Orientation Camp



Overnight cycling event spanning over 30km through Marina Bay



Organising my own health assessment event with a Geriatric Clinic



What advice do you have for the incoming students or juniors?

Remember that everyone has the capacity to make a meaningful impact — through your studies, future careers, and the communities you serve. Challenges and doubts are part of growth, so be willing to try new things and say yes to opportunities, many of which may be once-in-a-lifetime. Take them with intention, learn from both successes and setbacks, and grow holistically while staying anchored to your values. It's far better to look back knowing you tried than to wonder what might have been.