



Lim Li Ting
Year 2 Pharmacy

Why study Pharmacy? And how has the journey been thus far?

My decision to pursue Pharmacy was shaped early by a passion for healthcare and a pivotal pharmacist-shadowing experience, which showed me that even small, seemingly simple medications can profoundly affect the body and that each patient's unique profile requires personalised, patient-centred care.

The programme's strong foundation in systems-based learning and therapeutics has been deeply enriching, while leadership and mentorship roles in student committees have strengthened my confidence, adaptability, and teamwork. Together, these experiences have affirmed my commitment to advance patient care and contribute meaningfully to the healthcare community.

What interests you most in your studies?

I am most engaged by systems-based courses such as the cardiovascular and gastrointestinal systems. They integrate anatomy, physiology, pathology and pharmacology into a cohesive framework. Learning this way helps me move beyond isolated concepts to understand how normal physiology progresses to disease and how pharmacological interventions can manage these conditions. I find the integrative approach intellectually stimulating and clinically relevant because it mirrors real patient presentations more closely than neatly separated topics. It has deepened my appreciation for clinical reasoning and reinforced my interest in applying scientific knowledge to patient-centred care.

What other interesting activities did you partake in to further enrich your student life, e.g. extra-curricular activities on campus (e.g. NUSPS, House, etc.)?

I have been actively involved in activities that enriched my student life beyond academics. In AY24/25, I served on the NUS Pharmaceutical Society Awareness Committee as Co-Director and Pharmacy Profession Awareness Director, overseeing outreach and educational events such as Xperience Pharmacy Camp AY24/25 and PharmFest 2025. Working with a team to raise awareness of the profession strengthened my teamwork, coordination, and leadership. I was also a mentee in the INSPIRxE mentorship programme, where guidance from two mentors and a small peer group provided valuable industry insights and practical advice for career development and growth as a healthcare practitioner.



Serving and learning together with my Orientation Group mates at the Healthcare Outreach Project 2025

As an active member of NUS d'Hoppers Dance Crew (DDC) since AY24/25 and now Vice President Internal in AY25/26, I have grown as both a dancer and a leader through training, camps, and events, honing organisational and people management skills while supporting the club's cohesion. Additionally, I stayed in King Edward VII Hall in AY24/25 and served on the Inter-Hall Convening Committee as Regulations Co-Head, managing regulatory matters for inter-hall sports, enforcing rules, coordinating teams, and resolving conflicts, which strengthened my teamwork, communication, and sense of responsibility in a dynamic environment.



Mission X (University), Youth Corps Singapore 2025



During an open class at DDC Camp AY25/26

Share with us your most memorable experience as a Pharmacy student.

The longitudinal patient experience allowed me to engage with an actual patient over an extended period while working alongside friends from various healthcare professions. This long term interaction deepened my understanding of the patient's lived experience and reminded me that each person has a story beyond a medical condition. It reinforced the importance of seeing each patient as an individual and practising patient-centred care. I also gained meaningful insights into home care and the dynamics of collaborating within a multidisciplinary team, making my learning tangible and bridging theory with real world practice.



Learning about empathy and patient-centred care through the Longitudinal Patient Experience

What advice do you have for the incoming students or juniors?

Embrace the present and enjoy each step of university life. Celebrate small wins and remember the purpose behind our work serving patients and society, which brings meaning and energy. Give yourself time to adapt and grow, knowing that progress looks different for everyone and your path is uniquely yours. Focus on your goals rather than comparisons, trust that steady effort compounds over time, and keep a curious, compassionate mindset.