PassionPridePurpose

### Why study Pharmacy?

I have always been passionate about therapeutic healthcare from an early age. This field provides me with insights into areas like medicinal chemistry and pharmacology. It lies at the core of modern medicine, ensuring that patients receive safe, effective, and personalised treatments.



Adlin Ilyana Binte Mohammad Haizal Year 2 Pharmacy

## And how has the journey been thus far?

My experience in NUS Pharmacy has been extremely rewarding. The dynamic and comprehensive course structure challenges me to excel in a variety of subjects, such as chemistry, biology, pharmacology, and clinical practice. The programme fosters strong analytical skills, attention to detail, and a dedication to lifelong learning. I'm fortunate to have supportive Team-Based Learning (TBL) group members who inspire each other and work collaboratively towards excellence. The faculty members are incredibly knowledgeable and passionate about sharing their expertise during lectures, tutorials, and practical sessions.



My TBL group at





### What interests you most in your studies?

Pharmacy is about much more than just dispensing medications; it requires a profound understanding of how drugs interact with the human body and improve individuals' lives. I am particularly attracted to the multidisciplinary nature of this field. At NUS Pharmacy, I gain insights into various areas, including medicinal chemistry and pharmacology. Our curriculum goes beyond just medications, encompassing biology, chemistry, technology, and even socioeconomics! This comprehensive education equips us to tackle intricate healthcare challenges in the future. The understanding that I can make a direct impact on public health, enhance quality of life, and potentially save lives provides me with a deeply fulfilling sense of purpose.

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# Apart from academic lessons, what other programmes did you participate in? And how did the experience(s) benefit you in your (a) personal growth and development, and (b) academic pursuits?

I had the opportunity to be part of the Community Health Angels Mentoring Programme (CHAMP) which allowed NUS Pharmacy students to regularly visit clients associated with Monfort Care over the course of a year to help meet their social needs or health goals. I have also been involved in the Health Test, Advice, Go! (Health T.A.G.) event that provides onsite blood and urine tests for residents in the Singapore heartlands, helping them gain a better understanding of their risk for certain chronic conditions and optimise their medication regimens based on tailored guidance from licensed pharmacists.



lealth T.A.G. @ Al-Muttaqin Mosque, January 2024

These programmess have given me invaluable real-life experiences interacting with patients and clients, allowing me to refine my soft skills and apply the knowledge I've gained in the classroom. They have also introduced me to clinical concepts that I have yet to learn, giving me an advantage as I prepare for my future career as a pharmacist. Engaging with the public in these settings has deepened my love and passion for this field and the healthcare sector overall. Witnessing the smiles on patients' faces and the relief we provide when addressing their health concerns, or simply being there to listen, serves as a daily reminder of why I chose to pursue this path.

### Share with us your most memorable experience as a Pharmacy student.

What truly makes my experience at NUS Pharmacy unforgettable is the friendships I've formed, particularly with my TBL groupmates. Initially strangers with diverse academic backgrounds, we've grown close over two years, enjoying both study sessions and social time. Our varied backgrounds–some from polytechnics, others from junior colleges, and different levels of expertise in subjects like Biology and Chemistry–have contributed to our ability to collaborate effectively and achieve success together. Studying together became our go-to method for exam preparation. It made the process less isolating, and we could help each other grasp challenging topics.

### What advice do you have for the incoming students or juniors?

Be curious and open-minded, as pharmacy is a diverse field where every topic has its purpose. Stay organised and manage your time effectively. Don't hesitate to seek help from professors, seniors, or friends when needed. Enjoy your university experience by making friends, exploring interests, and embracing learning!