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Miss Goh Ting Xuan, Tiffany

Year 2 Student Class of 2024





GOH TING XUAN, TIFFANY CLASS OF 2024

Why study Pharmacy? And how has the journey been thus far?

I was inspired to be part of the healthcare sector and improve lives of patients since young. I chose Pharmacy as I was interested in learning more about the different types of medications and learning more about how the medications can treat the patients' condition.

It has been rewarding as not only have I learned new things such as the pharmacology of the medications, the anatomy and physiology of the human body, I also had the opportunity to take up several leadership roles.

What interest you most in your studies?

The new B.Pharm.(Hons) curriculum provided me many opportunities to learn the skills and knowledge required of a pharmacist. I get to experience first-hand working in a clinical setting during the Pre-Employment Clinical Training (PECT) where I was attached to a polyclinic pharmacist. I also learned how to interact with patients through patient simulations.

The inclusion of systems-based concepts in the new curriculum has made learning more cohesive as we first learned about the anatomy and physiology of the body system, followed by the different conditions and lastly the medications to treat the conditions.



What other interesting activities did you partake in to further enrich your student life, e.g. extra-curricular activities on campus (e.g. NUSPS, House, etc.)?

I am the Vice House Head of Galen and Vice Director of Marketing. I used to shy away from leadership roles before entering NUS. However, my university friends encouraged me to step out of my comfort zone and try new roles. Through these various roles, I have learned how to lead a team and acquired better communication and events management skills. These are skills that are important but are not taught in the lectures or tutorials.

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Share with us your most memorable experience as a Pharmacy student.

I had many memorable experiences as a Pharmacy student. I will never forget the study sessions with my team mates, the long zoom calls I had with my Galen House Head to do up master timelines, the collection of logistics with my marketing directors, the weekly first aider duty for RxAG dance practices and the time spent with my orientation mates and freshmen.

What advice do you have for the incoming students or juniors?

In terms of studies, do a table with all the medications indication, mechanism of action, side effects etc for clearer reference as you will learn medications from many different classes.

Apart from studying, try to join projects as a leader to know more friends who will be a strong support for you during the pharmacy journey, and to gain leadership and communication skills so as to grow as a person. Step out of your comfort zone to try new roles as different roles require different skill sets. No matter what, ensure that you get enough rest and manage your time well. Your professors and seniors will always be here for you if you need any advice.

