Why study Pharmacy? And how has the journey been thus far?

From my past working experience, I was impressed by the vast amount of medications available and am keen to learn more about how each medication

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works in the human body to treat diseases. I also love talking to patients and would like to expand my capacity to help them better.

My pharmacy journey has definitely been fulfilling. I have gained a lot of knowledge, skills, and experiences, and encountered many heartwarming people along the way.

What interests you most in your studies?

I love learning physiology and pharmacotherapy. These two disciplines allow me to better understand how the body system works, the disease state that arises from a physiological dysfunction, and how different medications can be used to treat such diseased states. I feel very rewarded when I can apply what I have learnt to help the people around me, especially my close ones.



Apart from academic lessons, what other programmes did you participate in? And how did the experience(s) benefit you in your (a) personal growth and development, and (b) academic pursuits?

I volunteered in CHAMP (Community Health Angels Mentoring Programme) where I had the opportunity to speak to the elderly in the community and help to improve their medication habit while empowering them to self-manage their medication through education. This experience has taught me to become more empathetic and to put myself in others' shoes. I learnt how social factors could affect one's healthcare decision-making. I was glad that I could apply the knowledge and skills that I have gained to real practice.

Share with us your most memorable experience as a Pharmacy student.

I shadowed a pharmacist doing medication dispensing during my Pre-employment Clinical Training (PECT). After the pharmacist introduced us (students) to the patient and her son, we were thanked by the patient's son for stepping up to meet the healthcare demand. I was touched and committed to doing my best in learning, and not failing public trust in the pharmacy profession.

