### JANUARY 2022 ISSUE 16





# **PHARMCONNECT**



#### Head's message

"As I write this new year's message, I am painfully aware that it has been 2 years and counting since the start of the pandemic. When we finally emerge from this nightmare that never seems to end, we will most likely be a different person living in a changed world. ..."

**Read More** 



### Let's toast to new beginnings!

How has 2022 been for you so far? Here are a few new year wishes by fellow alumni to spread positivity to all!

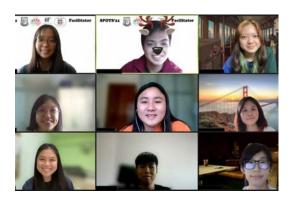
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#### InSPIRxE: Navigating the Woods

Six months into the InSPIRxE Mentorship Programme and two mentormentee meetings later, we interviewed three of our mentees to find out how they have benefitted from it in their journey to discover their #PassionPridePurpose.

#### **Read More**



#### Social Work, Pharmacy, Occupational Therapy, and Speech and Language Therapy (SPOTS) Collaboration 2021

SPOTS 2021 was an online full-day workshop conducted on 13 December 2021 involving students from Pharmacy and Social Work at the National University of Singapore, and Occupational Therapy and Speech and Language Therapy at the Singapore Institute of Technology.

#### Read More



## You've Heard of Squid Game, Now Get Ready for Sotong Games!

After 2 years of pandemic uncertainty, anticipation and longing, INTER-HOUSE EVENT CAME BACK WITH A SENSATIONAL TWIST! Catch the action through photos and this article!

#### **Read More**



# Health & Wellness – Self-Care and Preventive Health – Pharmacists Share Some Tips!

Ms Chung Wing Lam (Class of '09) and Mr Colin Tang (Class of '14) will share tips on effective medication management, diabetes control, diet enhancements and smoking cessation in this talk with the NUS alumni community. Join them on 7 April 2022 in-person or on Zoom!

#### Read more



## MSc (Pharmaceutical Science & Technology) full-time programme

Application for the inaugural MPST fulltime programme is open till 15 March 2022. This full-time course of study with a shorter duration of candidature, is open to both local and overseas prospective students.

**Apply Now** 







Self-Care and Preventive Health – Pharmacists Share Some Tips! 7 April 2022

Follow us @nuspharmacydept on <u>Facebook</u> and <u>Instagram</u> for details on upcoming events.



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## **CONNECT WITH US**

If you like to suggest a story or be featured, write to us at <a href="mailto:pharmacy\_alumni@nus.edu.sg">pharmacy\_alumni@nus.edu.sg</a>.

















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